

Menus for March 2023



Henry County Middle Schools

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast (in blue):

Assorted Cereal
Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:

Fresh Apples & Oranges
Stuffed Crust Pizza
Chicken Wrap
Choice of Low Fat Milk

*Pork products listed in pink.

School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced- Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50

Featured Specials of the Day

Wednesday, March 1

Sausage Biscuit, Assorted Cereal,,
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Mashed Potatoes,
Pink Lady Apple

Thursday, March 2

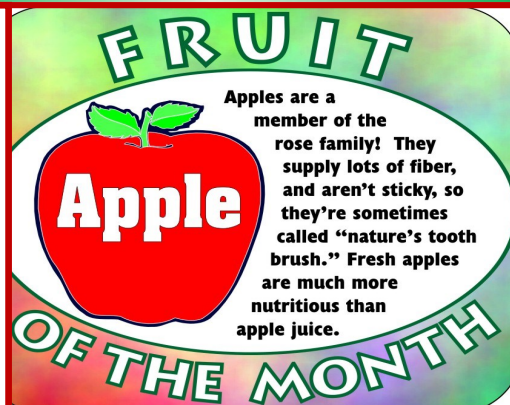
Breakfast Pizza, Mini Bagels w/ Cream Cheese,
Orange Chicken & Rice, PBJ/Wow Sandwich
w/ Chips, Carrot Sticks w/ Ranch, Green Peas,
Frozen Juice Cup

Friday, March 3

Chicken Biscuit, Assorted Cereal, Stuffed
Crust Pizza, Meaty Pizza, PBJ/Wow Sandwich w/ Chips,
Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice

DON'T 4 GET!
Take at least **ONE**
FRUIT or
VEGGIE
and at least **THREE**
items total so your meal
counts as a complete lunch!

HARVEST OF THE MONTH



National School
Breakfast Week
MARCH 6-10, 2023



Henry County
School Nutrition

Featured Specials of the Day

Monday, March 6

Blueberry Mini Pancakes, Assorted Cereal,
BBQ Sandwich, Mini Corn Dogs, Carrot Sticks
w/ Ranch, Baked Beans, Pineapple Tidbits

Tuesday, March 7

WG Muffin w/ Yogurt, Breakfast Bun
Chicken Sandwich, Deli Turkey Sandwich,
Garden Salad w/ Chicken, Potato Tots,
Garden Salad w/ Ranch, Sliced Pears

Wednesday, March 8

Sausage Biscuit, Assorted Cereal,
Popcorn Chicken w/ Roll, PBJ/Wow Sandwich
w/ Chips, Steamed Broccoli, Baked Potato,
Apple Slices

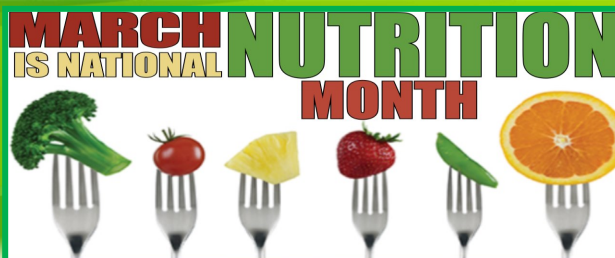
Thursday, March 9

Blueberry Pancake Stick, Mini Bagels w/ Cream
Cheese, Spaghetti w/ Garlic Toast, PBJ/Wow
Sandwich w/ Chips, Carrot Sticks w/ Ranch,
Green Beans, Frozen Juice Cup

Friday, March 10

Chicken Biscuit, Assorted Cereal,
Grab & Go Pizza Tray
PBJ/Wow Sandwich Sack Lunch

Don't Forget to Spring Forward, March 12th!



Featured Specials of the Day

Monday, March 13

Strawberry Mini Pancakes, Cheese grits w/ Toast, Assorted Cereal, Crisпитos, PBJ/Wow Sandwich w/ Chips, Salsa, Black Beans, Carrot Sticks w/ Ranch, Pineapple Tidbits

Tuesday, March 14

WG Muffin w/ Yogurt, Breakfast Frudel, Cheeseburger, Garden Salad w/ Chicken, Deli Turkey Sandwich, Seasoned Fries, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, March 15

Sausage Biscuit, Assorted Cereal, Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Apple Slices

Thursday, March 16

Breakfast Pizza, Frosted Breakfast Pastry, Chicken w/ Mac & Cheese, PBJ/Wow Sandwich w/ Chips, Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, March 17

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, Corn Dog, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice



Featured Specials of the Day

Monday, March 20

Blueberry Mini Pancakes, Assorted Cereal, BBQ Sandwich, Mini Corn Dogs, Carrot Sticks w/ Ranch, Baked Beans, Orange Slices

Tuesday, March 21

WG Muffin w/ Yogurt, Breakfast Bun, Chicken Sandwich, Deli Turkey Sandwich, Garden Salad w/ Chicken, Potato Tots, Garden Salad w/ Ranch, Sliced Pears

Wednesday, March 22

Sausage Biscuit, Assorted Cereal, Popcorn Chicken w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Baked Potato, Apple Slices

Thursday, March 23

Blueberry Pancake Stick, Mini Bagels w/ Cream Cheese, Beefy Nachos w/ Salsa, PBJ/Wow Sandwich w/ Chips, Carrot Sticks w/ Ranch, Black Beans, Shredded Lettuce, Frozen Juice Cup

Friday, March 24

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Featured Specials of the Day

Monday, March 27

Strawberry Mini Pancakes, Cheese grits w/ Toast, Assorted Cereal, Crisпитos, PBJ/Wow Sandwich w/ Chips, Salsa, Black Beans, Carrot Sticks w/ Ranch, Orange Slices

Tuesday, March 28

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese, Cheeseburger, Garden Salad w/ Chicken, Deli Turkey Sandwich, Seasoned Fries, Garden Salad w/ Ranch, Sliced Peaches

Wednesday, March 29

Sausage Biscuit, Assorted Cereal,, Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Apple Slices

Thursday, March 30

Breakfast Pizza, Breakfast Bun, Orange Chicken & Rice, PBJ/Wow Sandwich w/ Chips, Carrot Sticks w/ Ranch, Green Peas, Frozen Juice Cup

Friday, March 31

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

SPRING BREAK!

No School: April 3rd-7th